

A KENTUCKY WOMAN

How She Gained Fifteen Pounds in Weight and Became Well by Taking Dr. Williams' Pink Pills.

Women at forty, or thereabouts, have their future in their own hands. There will be a change for the better or worse, for the better if the system is purified by such a tonic as Dr. Williams' Pink Pills. Mrs. D. C. Weidling, of Hartford, Ky., writes as follows concerning the difficulties which afflicted her:

"I was seriously ill and was confined to my bed for six or eight months in all, during two years. I had chills, fever, rheumatism. My stomach seemed always too full, my kidneys did not act freely, my liver was inactive, my heart beat was very weak and I had dizziness or swimming in my head and nervous troubles.

"I was under the treatment of several different physicians but they all failed to do me any good. After suffering for two years I learned from an Arkansas friend about the merits of Dr. Williams' Pink Pills and I decided that I would try them. The very first box I took made me feel better and when I had taken four boxes more I was entirely well, weighed fifteen pounds more than when I began, resumed my household duties, and have since continued in the best of health. I have recommended Dr. Williams' Pink Pills to many people on account of what they could for me, and I feel that I cannot praise them too strongly."

Dr. Williams' Pink Pills restored Mrs. Weidling to health because they actually make new blood and when the blood is in full vigor every function of the body is restored, because the blood carries to every organ, every tissue, every nerve, the necessary nourishment. Any woman who is interested in the cure of Mrs. Weidling will want our book, "Plain Talks to Women," which is free on request.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.00, by Dr. Williams Medicine Co., Schenectady, N.Y.

IF YOU WANT TO EARN MONEY

There is a sure way to earn money. It is to sell the famous Italian dress. The dress is made of the finest material and is sold at a low price. It is a sure way to earn money. It is to sell the famous Italian dress. The dress is made of the finest material and is sold at a low price. It is a sure way to earn money.

Dress Refuses Jubilee.
Eleanor Duse, the famous Italian actress, has positively refused a plan to celebrate her jubilee as was done in England and France for Ellen Terry and Bernhardt. When the subject was broached to the signora she thanked her friends but declined the honor. She enjoys the distinction almost as much in her profession as of shining everywhere in the shape of publicity. As a general rule she also seems the usual attributes of her sex on the stage in the matter of paint and powder, appearing almost as nature made her, rapidly graying hair and all.

Pauperism in British Isles.
Indoor pauperism is said in the British official record to have grown rapidly in England and Wales since 1900. During the last eleven years the cost of indoor relief has increased 55 per cent, while the increase in the number of paupers has been only 25 per cent. The annual cost of maintenance per head increased from about \$65 in 1895 to about \$90 in 1905. There had also been a large increase in the average cost of maintenance of workhouse inmates.

Drinking Customs.
Society is asked in drink. The customs of Europeans in India are all anti-temperance. It is even regarded as unpatriotic to be a total abstainer, because the government has a direct interest in the sale of drink. It is a fact that when Indians become Christians it is necessary to have a temperance society, which as heathens or Mohammedans they did not require. This is due to British drinking customs.—World's Women's Temperance Bulletin.

Poacher Had Nerve.
Robert Jones, a Liverpool surgeon, tells of a patient who was an old poacher and who, while under the influence of cocaine during an operation upon the bones of a leg, regaled the surgeon with tales of his poaching exploits.

When a widower marries a widow they are both unselfish, neither of them thinks of No. 1.

RIGHT HOME.
Doctor Recommends Postum from Personal Test.

No one is better able to realize the injurious action of caffeine—the drug in coffee—on the heart, than the doctor.

When the doctor himself has been relieved by simply leaving off coffee and using Postum, he can refer with full conviction to his own case.

A No. physician prescribes Postum for many of his patients because he was benefited by it. He says:

"I wish to add my testimony in regard to that excellent preparation—Postum. I have had functional or nervous heart trouble for over 15 years, and part of the time was unable to attend to my business."

"I was a moderate user of coffee and did not think drinking it hurt me. But on stopping it and using Postum instead, my heart has got all right, and I ascribe it to the change from coffee to Postum."

"I am prescribing it now in cases of sickness, especially when coffee does not agree, or affects the heart, nerves or stomach."

"When made right it has a much better flavor than coffee, and is a vital sustainer of the system. I shall continue to recommend it to our people, and I have my own case to refer to." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pages "There's a reason."



PURELY FEMININE

HINTS FOR THE HOSTESS.

New and Novel Ways in Which She Can Entertain and Please Her Guests.

There is the very newest affair for a bride-elect. A "sachet" shown the prettiest sort of an afternoon, and it has the merit of being inexpensive. The hostess provided a lot of Japanese paper napkins of good quality, a lot of pink baby ribbon, a supply of large darning needles and a bottle of sachet powder. Then in the invitations each guest was asked to bring her (feminine) material for some kind of a sachet. And such a variety of sweet trifles that fell to the lot of this popular bride. There were tiny triangles of silk to be fastened inside the waists, linen ones filled with lavender to be laid among the sheets and pillow cases, perfumed blotters to lay on the desk and not least were the dainty drawer and trunk sachets which the hostess told them how to build out of the paper napkins. A thin layer of cotton was placed between a row of three napkins forming the top and three the bottom, being laced together by the baby ribbon, then the two halves were laced together and fastened in the corners with a bow of the ribbon. In this instance an intimate friend had gotten the size of bureau and chiffonier drawers and the sachets were made to fit exactly. They will last a year and being so inexpensive may be thrown away without regret when soiled and the savor of curbsmen gone.

A Carnival of Flowers.
This bazaar to be given by the young people's society of a suburban church bids fair to be so attractive that I am anxious to tell the department readers about it. The decorations are to be yards and yards of tissue paper flowers made into garlands festooned from the corners of the room to the center. Each booth is to be decorated with a special flower; there will be potted plants for sale and a large revenue is looked for from the small ferns at 10, 15 and 20 cents apiece. Cut flowers, mostly suitable for buttonholes, are expected to find ready purchasers. The candy booth will have as a specialty "marshmallows" and "buttercups" and there will be a popcorn booth with small loaves to peddle it. The girls who serve as waiters are to be costumed as "daisies" in skirts of white, bodices of yellow, pointed collars, caps of white points with yellow tops. The articles

for sale will be aprons, handkerchiefs, collars and table delicacies. In place of the old time "grab" bag, there is going to be a modern flower garden in charge of "Miss Mary." For a time one is to be permitted to pull a flower, on the roof there will be a tissue paper parcel in which the inveterate will receive the value of his money. The flowers are of tissue paper, planted in sand or saw dust in cans. The tulips are particularly realistic, then there are to be "lilies," "chrysanthemums," etc. "Cockle shells" are to outline these pretty flower beds and one who has napped the bargain counters told me that all who purchase a flower from Miss Mary's garden will be well pleased as she had provided the "roots."

A Peach Luncheon.

A peach luncheon will be seasonable as long as peaches are ripe and the weather favorable, for the invitations say "luncheon served on the lawn." But the hostess has provided the decorations of the home so as to give an outdoor effect as much as possible should the day prove inclement. If the day is fine a round table spread with white is to be set under a canopy made of awning material, supported at the four corners by stakes driven firmly into the ground. Rows of Chinese lanterns will decorate this outdoor dining room. The table centerpiece is to be a pink enameled basket laden with peaches, leaves and vines. For place cards there will be cardboard peaches done in water colors with a green leaf or two. Here is the menu which is unusually dainty:

Tomato and caviar canapés, jellied veal or tongue with potato croquettes, olives, shrimp in aspic with a mayonnaise dressing, cheese waters. A delicious peach omelet comes next served with brandied peaches. The dessert is to be peach ice cream in shape of the real fruit, the leaves being made of pistachio ice cream. They will be placed on plates covered with real peach leaves. If desired tiny liquor glasses may be filled with peach brandy. The hostess is to wear a pink gown with a stock and belt of yellow. This is a very good combination providing just the right shades are selected.

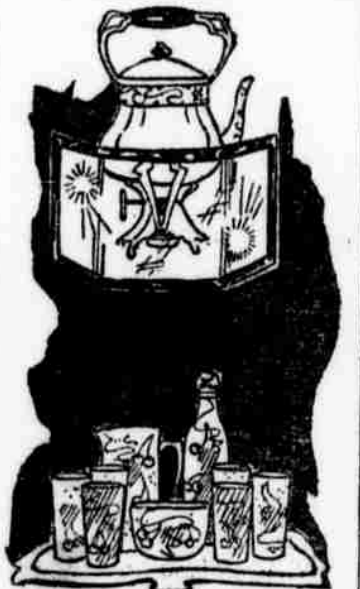
MADAME MERILL

FANCY DISHES FOR THE TABLE

PRETTY THINGS SHOWN IN BOTH GLASS AND SILVER.

Graceful in Shape and of Rich Material They Are Splendid Accessories at Afternoon or Evening Repasts.

The winter hostess will be interested in the new wine sets and the new arrivals among the tea table accessories which have appeared in the glass and silver assortments. Two of the novelties are shown in the accompanying sketches. There is the wine cooler, of rock crystal with silver top and handles. The high vase is for



orchids, and is of especially graceful shape, made of rock crystal in a good design which is newer, and, judging from the latest collections, just as popular as the cut glass. The white wine set has its six glasses and bottle on the crystal tray and the set for fancy drinks includes the pitcher, bottle, six glasses and bowl for ice.

A small dish for marshmallow cherries is in glass with silver trimmings, and as an accompaniment has a small shovels-like spoon in silver. The lemon squeezer is an improvement on the older types of this article, and is

also of glass and silver. The little tea table library of recipes is novel and useful, consisting of blankbooks for the noting down of choice recipes for tea table beverages and dainty dishes favored by the up-to-date hostess.

A rock crystal screen is to be used around the alcohol lamp of the chafing dish or teapot. It likewise serves to keep the heat away from the rest of the articles on the table.

Health and Beauty.

You cannot expect to have beauty of face or form, a clear, rosy complexion, and a bright eye, if your digestion is imperfect and your circulation poor. Health and exercise go hand in hand, but you can exercise too much, just as you can eat too much. Nervousness requires rest, mental and physical, as well as exercise. Take as much exercise as you can throughout the day, and upon arising in the morning take deep, slow respirations, with gentle arm stretching, sideward and upward, followed by a drink of cool (not cold) water. After a brisk rubbing down with a Turkish towel, dress rapidly, but without a feeling of haste. Between the hours of ten and eleven indulge in deep breathing and stretching exercises, gentle trunk bendings in all directions and head and trunk turnings to right and left.

WHEN TO BUY A HAT.

One Woman Thinks Best Time Is When Looking One's Worst.

A certain society woman who is noted for her original ideas on all topics was on a shopping tour with a friend the other afternoon. At length she began to feel quite tired, and after a glance in a mirror said to her companion: "I'm going to get a hat." "Why don't you wait until you feel better?" asked the other. "No, I always try on hats when I look the worst, and then I can tell without doubt whether the hat will suit me or not. If it looks half-way decent on me with my hair straggling in my eyes and when I'm wearing a worried look I am sure it will look fine when I am fresh and have a new wave on my hair. I always want to know the worst about a hat. I can imagine the best."

ALKALINE OR SALINE SOILS.

Not So by Nature But Lack of Rain Causes the Condition.

Alkaline and saline soils are not so by nature, but are so only because the climates in which they exist are largely dry and the rain water is not abundant enough to wash out the alkali and the salt. In the semi-arid west the evaporation is very great and a large part of the water in the soil never reaches the rivers but is carried off into the air by the process of evaporation. The salts and alkalies of the soil have been carried down from the rocks and ledges in their slow decomposition. Were the soil water enough abundant these salts and alkalies would have been carried down into the sea. As it was, they were carried up by the slow movement upward of the soil water.

Even in humid climates there are found here and there places that are so alkaline that the ordinary farm crops cannot be raised, says Farmers' Review. The reason for this is of the same nature as in the other case, though the process of its application is a little different. The writer saw a small pond in Lake county, Illinois, round the rim of which was a strip of barren soil. This barrenness had been caused by the evaporation of the water from that pond. The secret was that the pond had no outlet deep enough to draw off its waters. When the summer days became dry and the ground outside was rendered useless by the waters of the pond having been evaporated to such an extent that the surface was lower than the water. The sides of the pond then acted like a lamp wick, drawing the water from the pond and evaporating it into the air. In this process all the salts in the pond and the little alkali there was passed through this earthen lampwick, and in the evaporation of the water the chemical contents of the water were left behind. While the amounts in the water were not great enough to cause barrenness, when these chemicals became concentrated in a little area of soil, they became predominant and caused the barrenness complained of. The solution of the problem was perhaps not reached by the farmer that owned the pond, but it was to lower the outlet till it would carry off the waters. On the pond could have been dammed and the alkali soaked out and the outlet then lowered. The latter way would have removed the alkali in a much shorter time than would have been the case of the outlet had simply been lowered and the rains left to gradually wash out the alkali. But either way would have been successful and the method that took the longest time to accomplish the end would have cost the least money.

A WHEAT GRASS.

Related to Common Quack Grass But May Have Economic Value.

The grass shown in our illustration is known as Agropyron caninum (L. R. and S. named or flower-rooted wheat grass, and is related to the common quack or couch grass. It



is not known that any attempts have been made to cultivate this grass, but the general characters indicate that it may possess considerable economic value as forage grass, says the Country Gentleman. It is said to be easily propagated by seeds. Its relation to quack grass would, however, counsel caution as to its cultivation.

Do Dead Forest Leaves Gather Ammonia?

A good deal of interest is being shown in the question of whether or not dead forest leaves in their process of decay gather atmospheric nitrogen. Some scientists say that they do. Some experiments made in Europe leave the matter in doubt. In seven experiments in pot culture, allowing the leaves to decay, showed no gain of nitrogen in five of the pots but a gain in the other two. The results are not positive enough to warrant a conclusion, for some unknown quantities may have entered into the trials.

Canada Thistles.

Canada thistles are difficult to eradicate because they spread by means of underground root stalks. Cutting off the thistles repeatedly just below the surface of the ground is the best way to get rid of them, but this must be kept up. A boy with a sharp hoe can cut off many hundreds of them in an hour.

Drainage Affects Clay.

A farmer says that he had a hard piece of clay and that he was unable to produce any crops of consequence on it. He drained the piece and for a year or so could see little difference. But over the drains the frosts pulverized the soil and in a few years made it arable.

HORTICULTURE



The Methods Employed by an Extensive Orchardist.

Our starting point in picking apples is to train our trees with low heads. This we consider a very important matter, as our men will pick two to three times as much fruit standing on the ground as they will from ladders. When trees get so high that we cannot reach the fruit from a 16-foot ladder we shake it off and it goes into the cull pile.

We hitch to a low wheeled wagon and set 22 boxes on the platform. We then go to the field with a wagon and pickers and put the team midway between two rows of trees. Our force consists of from eight to 12 pickers and a foreman. The foreman's business is to keep the wagon up even with the pickers, to see that the pickers do not get too far away from the wagon or do not get huddled up so as to interfere with each other, to see that they pick the apples clean and to keep the time of the men.

When the picker fills his sack which is shown in the cut, he goes to the wagon, raises the bottom of the sack a little and rests it into the box, unhook a flap on the bottom and the apples roll out into the box. Enough ladders are taken along to pick the apples above reach from the ground. The loaded wagon is driven to the packing house and the boxes are set upon platforms alongside.

Sometimes when parts of our orchards are too far from the packing house we pack in the field. We take two planks 2x8 inches by 16 feet. One end of each of these planks is cut sloping, and they are raised for runners. We set them on edge, six feet apart and nail cross pieces every two feet and then lay common fencing boards lengthwise on this sled. On this we set our sorting table lengthwise on the front end. Hitch a team to the sled, drive to the field and do our packing the same as in the packing house.

If the trees are very full the sled can be drawn along between two rows and the pickers can empty their sacks directly onto the sorting table. Some of our neighbors use this sled and prefer it to the packing house.

Our sorting table, says the correspondent of Farm and Home, is eight feet long by three or four feet wide. The back end being eight inches higher than the front, which should be 30 inches high. The bottom is made of half-round strips with a space of one inch between to let the leaves and trash through. On the sides six-inch boards are nailed to hold the apples. In the upper end a three-inch strip is nailed.

The apples are poured on the upper end and two sorters on each side do the work. The second and third grades are sorted out while spread upon the table and carried away. These are nearly always sold in bulk and so are put in piles or loaded directly into the cars which stand on the side-track by the packing house.

The first grade apples are rolled on down to the lower end of the table and into the barrel or box. The first grade consists of all sound fruit above 2 1/2 inches in diameter. If this first grade is fancy or a little disposed to be soft, we pack them in boxes but if they are good, solid winter varieties we generally pack in barrels. Our boxes are 18 1/2 inches long, and 11 1/2 inches square, inside measurement. The ends are 3/4 inch thick and the sides, bottom and top, 3/8 inch stuff. This box holds about one bushel.

We place a layer of fair sized apples, uniform in size and color with the stem ends down. Then fill up the box, shake down well, level up the top so that the apples are from 1/4 to 1/2 inch above the top of the box, put on the top and with a press force it down and nail each end, then nail on a cleat at each end. We then turn the face side up and with a rubber stamp mark the name of the variety and our brand. The box is then ready to ship.

New Idea in Ladders.
A California man has hit on a new idea in making a ladder which he thinks is such a good thing that he



has had it patented. While this ladder is intended for use in workshops, in climbing over and about machinery, says the Prairie Farmer, there is no reason but what our readers can get an idea from this plan for making a similar ladder for their own use. The idea is well illustrated in the accompanying sketch.

Cure For The Blues

ONE MEDICINE THAT HAS NEVER FAILED

Health Fully Restored and the Joy of Life Regained.

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a picture. It is usually this way: She has been feeling "out of sorts"



for some time; head has ached and back also; has slept poorly, been quite nervous, and nearly fainted once or twice; head dizzy, and heart beats very fast; then that bearing-down feeling, and during her periods she is exceedingly despondent. Nothing pleases her. Her doctor says: "Cheer up; you have dyspepsia; you will be all right soon."

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting BLUES.

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vegetable Compound. See what it did for Mrs. Rosa Adams, of 819 13th Street, Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes: "Dear Mrs. Pinkham: I cannot tell you with pen and ink what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered with female troubles, extreme nervousness, 'the blues,' nervousness and that all-around feeling. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it not only cured my female troubles, but it has restored me to perfect health and strength. The buoyancy of my younger days has returned, and I do not suffer any longer with despondency, as I did before. I consider Lydia E. Pinkham's Vegetable Compound a boon to sick and suffering women."

If you have some derangement of the female organism write Mrs. Pinkham, Lynn, Mass., for advice.

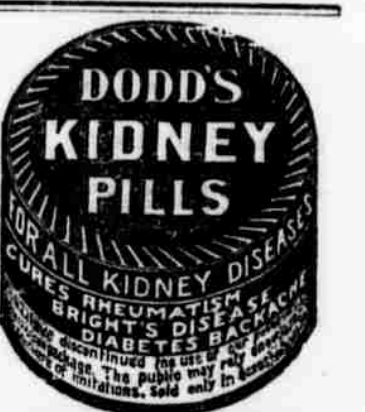
About the dearest thing on earth is a cheap man.

Jewelers Lament.
British jewelers complain of great depression in their trade. Persons who wear good jewelry are wearing less of it, and many are contented with the imitation, much of which is very good of its kind now.

Offer Reward for Brigand.
The Russian government has offered a reward of 10,000 rubles for the capture, dead or alive, of Murad Kishlun, the famous Caucasian brigand. He is said to have killed over 500 Russian soldiers and policemen.

BEES CLOSED A MINE.
Swarmed in Millions and Men Were Unable to Work.

There are instances in great number where mining operations were temporarily suspended by a shortage of funds or by water flooding the property, but it remained for Mohawk, a small station along the Southern Pacific, to furnish a new cause which is unique in the history of mining. The company affected owns the Red Cross mines in the Mohawk mountains. Millions of bees, attracted by the water at these mines and forced from their hives in the mountains by the drought, took possession of the water supply, and their numbers were so great that it was found impossible to drive the swarms away. Consequently the mines have been shut down until the rainy season sets in, when it is hoped the bees will return to their mountain homes.—Sacramento Bee.



A Positive CATARRH CURE

Ely's Cream Balm is quickly absorbed. Gives Relief at Once.

It cleanses, soothes and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Relieves the Senses of Taste and Smell. Full size 50 cts., at Druggists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 50 Warren Street, New York.

SALESMEN WANTED.

We want five, active and thoroughly experienced salesmen in this locality with sufficient money to get out on their own. They will be given a large territory. Full size 50 cts., at Druggists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 50 Warren Street, New York.

It is admitted with a sore eye, use Thompson's Eye Water